**RSE Overview @ Holy Trinity 2022-2022**

***GROWING UP SAFE***

There are 13 Key areas in the Relationships, Sex Education and Health Curriculum. This overview shows how Holy Trinity goes above and beyond to ensure that ALL children are given every opportunity to learn valuable life skills in order to make positive choices and become good citizens.

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| Cross Curricular link | Online Relationships | Internet safety & harms | Caring Friendships | Respectful relationships | Mental  Health | Being Safe | Families who care for me | Drugs,  Alcohol &  Tobacco | Basic First Aid | Changing Adolescent | Health & Prevention | Physical  Health & Fitness | Healthy Eating |
| Computing |  |  |  |  |  |  |  |  |  |  |  |  |  |
| PSHE |  |  |  |  |  | Incl. Allergies |  |  | UKS2 |  |  |  |  |
| Assemblies |  |  |  |  |  |  |  |  |  |  |  |  |  |
| PE |  |  |  |  |  |  |  |  |  |  |  |  |  |
| RE |  |  | Growing together in Spirit team | Growing together in Spirit team |  |  | Growing together in Spirit team |  |  |  |  |  |  |
| PSHE Circle time |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Science |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Art/DT |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lunch time |  |  |  |  |  |  |  |  |  |  |  |  | Healthy Eating initiative |
| Golden time |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Music |  |  |  |  |  |  |  |  |  |  |  |  |  |
| *Other (add)* |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Wellbeing book corner |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Themed weeks | Internet Safety  Day  Anti-bullying week | Internet  Safety Day | Fundraising for  Charities  Kindness Tree | Anti-bullying week | Mental Health  Awareness Day  Children’s  Mental Health  Week | Road safety  week  Reception  Police visit | The  Lunchbowl Network |  | St. John  Ambulance  visit | Betty bus  visit |  | Bike-a-bility  Walk to  school  Daily mile  Sport competitions | Healthy Week  Sports Day  ELAC (Eat  Like a Champ) |