

Week one

14/06 08/07 26/07

Monday

Burrito (V)
Soft Wrap Filled with Lightly Spiced Veggies and Rice **on the side...**
Carrots
Peas

Cheese and Tomato Pizza**
With Dough Balls (V)
Cheesy Tomato Topped Pizza Slice **for dessert...**
Blueberry Frozen Yoghurt

Tuesday

Chicken Sausages
With Mash & Gravy **on the side...**
Sweetcorn
Broccoli

Veggie Balls in Tomato Sauce
With Pasta (V)** **for dessert...**
Secret Brownie

Jacket Potato
with Salmon Mayonnaise***

Wednesday

Roasted Turkey
With Roast Potatoes & Gravy
Traditional Roast Dinner **on the side...**
Carrots
Cabbage

Quorn Roast(V)
With Roast Potatoes & Gravy **for dessert...**
Banana Oat Bite*

Thursday

Pasta Bolognese**
A Classic Italian Beef Bolognese
In a yummy Tomato Sauce **on the side...**
Broccoli
Sweetcorn

HotDog in a Sub Roll (V)
with Potato Wedges **for dessert...**
Apple & Berry Crumble*
with Custard

Friday

Fish Fingers with Chips
Favourite Fish Finger Lunch **on the side...**
Peas
Baked Beans

Beany Burger with Chips (V)
A delicious homemade beany burger **for dessert...**
Strawberry Swirl Sponge

Week two

21/06 12/07

Cheese and Tomato Pizza**
With Dough Balls (V)
Cheesy Tomato Topped
Pizza Slice **on the side...**
Peas
Broccoli and Cauliflower
Medley

Quorn Bolognese ** (V)
Penne pasta in a yummy tomato and
Quorn sauce **for dessert...**
Cheese, Biscuits & Fruit

Chicken Tikka Masala
With Rice** **on the side...**
Broccoli
Sweetcorn

Chicken in a Mild
Curry Sauce with Rice **for dessert...**
Fruity Flapjack Bar*

Vegetable Lasagne with
a Garlic & Herb Bread Wedge** (V)
Favourite Veggie Lasagne

Roasted Chicken
with Roast Potatoes & Gravy
Traditional Roast Dinner **on the side...**
Cabbage
Peas

Butternut squash and Potato
Pastry Slice **for dessert...**
Strawberry Ice-Cream

Beef Lasagne with a Garlic & Herb
With Bread Wedges** **on the side...**
Carrot
Broccoli

Chilli Macaroni (V)
A Lightly Spiced Mac N Cheese **for dessert...**
Chocolate Slice*

Fish Fingers with Chips
Favourite Fish Finger Lunch **on the side...**
Sweetcorn
Baked Beans

Allerga's BBQ Beans
With Cornbread **for dessert...**
Orange Shortbread

Week three

07/06 28/06 19/07

Mild Bean Chilli
with a Rice side ** **on the side...**
Sweetcorn
Broccoli

Cheese and Tomato Pizza**
With Dough Balls (V)
Cheesy Tomato Topped
Pizza Slice **for dessert...**
Raspberry Ripple Cake

Allegra's
Chicken Katsu Curry
with a Rice side ** **on the side...**
Carrots
Peas

Quorn Bolognese** (V) Peach Shortbread Pudding*
Penne Pasta in a yummy Tomato Sauce With Custard **for dessert...**

Roast Turkey
with Roast Potatoes & Gravy
Traditional Roast Dinner **on the side...**
Broccoli
Cabbage

Sweet Potato & Chickpea Roast (V) **for dessert...**
Fruity Picnic Bar*

Beef Burrito
Soft Wrap filled with Spiced Beef and Rice **on the side...**
Sweetcorn
Peas

Veggie Balls In Tomato Sauce
with Pasta ** (V) **for dessert...**
Crunchy Chocolate Biscuit

Fish Fingers with Chips
Favourite Fish Finger Lunch **on the side...**
Broccoli
Baked beans

Quorn Nuggets & Chips (V)
Crispy Quorn Nuggets with Ketchup **for dessert...**
Strawberry Frozen Yoghurt

Chartwells

EAT LEARN LIVE



Chartwells

EAT LEARN LIVE

Chartwells' Promise

- WE ONLY USE **Free Range** British eggs
- 82% **REDUCING OUR CARBON FOOTPRINT** over 30% reduction in greenhouse gas emissions
- ALL OUR BEEF is from **THE UK OR IRELAND**
- ALL OUR FISH comes from **well managed sources** - our Friday fish is MSC
- WE USE **95% LESS SALT** than our competitors
- Our chicken and mince are **REDUCTRACK APPROVED**
- WE ONLY USE **Fairtrade** products

More than just amazing food.
Eat, Learn, Live helps us to educate young people about how to lead a happy, safe and healthy lifestyle while contributing to a sustainable world.

Cool Water, Fresh Fruit,
Freshly Baked Bread and Yoghurt
available daily.

Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian

