

PSHE Curriculum Map

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Extras that must be covered
Nursery	Being Me in my World	Celebrating Differences	Dreams and Goals	Healthy Me	Relationships	Changing Me	
Reception Jigsaw	Being me in my World	Celebrating Differences Anti-bullying week	Dreams & Goals	Changing Me (Christopher Winters scheme) 3 weeks RSE	Relationships	Healthy Me	(Christopher Winters scheme) 3 weeks RSE
Year 1 Jigsaw	Being me in my World	Celebrating Differences Allergies Anti-bullying week	Dreams & Goals	Healthy Me Mental Health	Relationships	Changing Me (Christopher Winters scheme) 3 weeks RSE 3 weeks drugs	2 weeks allergies (KS1 Lesson 1 & 2) Anti-bullying week
Year 2 Zippy's Friends	Full of feelings	Communication Anti-bullying week	Are you my Friend? Making & Breaking Relationships	Beating Bullying Conflict Resolution	Saying Goodbye Dealing with Change and Loss	We Cope Different Ways to Cope SRE 3 weeks RSE	3 weeks drugs 2 weeks allergies (KS1 Lessons 3 & 4) Anti-bullying week
Year 3 Apple's Friends	Feelings Allergy Lesson	Communication Anti-bullying week	Friendship	Solving Problems/Conflict Mental Health	Change and Loss Moving Forward	Changing Me (Christopher Winters scheme) 3 weeks RSE Drugs, Tobacco & Alcohol (Christopher Winters scheme) 3 weeks drugs	1 week of allergies (KS2 Lesson 1) Anti-bullying week

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Year 4 Jigsaw	Being me in my World	Celebrating Differences Anti-bullying week	Dreams & Goals Allergy Lesson	Healthy Me Mental Health	Relationships Drugs, Tobaccos & alcohol 3 weeks drugs (Christopher Winters scheme)	Changing Me (Christopher Winters scheme) 3 weeks RSE	1 week of allergies (KS2 Lesson 2) Anti-bullying week
Year 5 Jigsaw	Being me in my World	Celebrating Differences First Aid Allergies 1 week allergies (KS2 Lesson 3) Anti-bullying week	Dreams & Goals	ELAC -Eat Like A Champ	Drugs, Tobacco & Alcohol 3 weeks drugs Mental Health	Relationships Changing Me (Christopher Winters scheme) 3 weeks RSE	1 week allergies (KS2 Lesson 3) Anti-bullying week
Year 6 Jigsaw	Being me in my World	Celebrating Differences Anti-bullying week	Healthy Me Allergy Lesson	Relationships (including Grief) First Aid	Changing Me (Christopher Winters scheme) 3 weeks RSE 3 weeks drugs	Dreams & Goals Transition	1 week allergies (KS2 Lesson 4) 2 weeks First Aid Anti-bullying week