

Week one

Monday

22/04 13/05 03/06 24/06 15/07 09/09 30/09

Choose a main meal...

Tomato & Mozzarella Pizza with Jacket Wedges
Chinese Style Veggie Rice

on the side...

Peas
Sweetcorn
for dessert...
Chocolate Ice Cream

Tuesday

Choose a main meal...

Chicken Tikka Masala
Vegetable Pasta Bolognese

on the side...

Green Beans
Mediterranean Vegetables
for dessert...
Pear Upside Down Cake with Custard

Wednesday

Choose a main meal...

Roast Chicken with Roast Potatoes & Gravy
Sweet Potato & Chickpea Roast with Roast Potatoes & Gravy

on the side...

Carrots
Broccoli
for dessert...
Seasonal Fresh Fruit Cup

Thursday

Choose a main meal...

BBQ Beef Meatballs with Pasta
Sweetcorn Tortilla Pie with Rice

on the side...

Green Beans
Seasonal Vegetables
for dessert...
Brownie Cake

Friday

Choose a main meal...

Crispy Salmon Fillet with Chips
Quorn Dipper with Chips

on the side...

Sweetcorn
Baked Beans
for dessert...
Mango Frozen Yoghurt

Week two

29/04 20/05 10/06 01/07 22/07 16/09 07/10

Choose a main meal...

BBQ Quorn Burger with Jacket Wedges
Cheese & Tomato Pizza with Jacket Wedges

on the side...

Roasted Peppers and Sweetcorn
Broccoli
for dessert...
Strawberry Sponge Swirl

Choose a main meal...

Chicken Chinese Noodles
Quorn Balls in Tomato Sauce with Pasta

on the side...

Green Beans
Carrots
for dessert...
Banana and Apricot Flapjack

Choose a main meal...

Roast Beef with Roast Potatoes & Gravy
Cauliflower and Creamed Corn Baked

on the side...

Cabbage
Peas
for dessert...
Oatie Biscuit served with Orange and Apple Slices

Choose a main meal...

Pasta Bolognese
Quorn Chilli with Rice

on the side...

Broccoli
Sweetcorn
for dessert...
Melon & Orange Wedges

Choose a main meal...

Crispy Fish & Chips
Baked Bean Omelette
Jacket Potato With Cheese

on the side...

Peas
Baked Beans
for dessert...
Strawberry Frozen Yohurt

Week three

06/05 27/05 17/06 08/07 02/09 23/09 14/10

Choose a main meal...

Tomato and Basil Pasta
Vegetable Korma with Rice

on the side...

Broccoli
Carrots
for dessert...
Fruity Yoghurt Crunch

Choose a main meal...

Chicken & Sweetcorn Pie
Shepherdess Pie

on the side...

Peas
Mediterranean Vegetable
for dessert...
Lemon Drizzle Cake

Choose a main meal...

Roast Chicken with Roast Potatoes & Gravy
Quorn Roast with Roast Potatoes & Gravy

on the side...

Carrots
Cabbage
for dessert...
Blueberry Frozen Yoghurt

Choose a main meal...

Beef Burger with Jacket Wedges
Creamy Pesto Pasta

on the side...

Roasted Summer Vegetable Medley
Sweetcorn
for dessert...
Chocolate Shortbread with Apple and Orange Slices

Choose a main meal...

Golden Fish Fingers & Chips
Bean & Potato Tortilla Wrap with Chips
Jacket Potato with Cheese

on the side...

Baked Beans
Peas
for dessert...
Pineapple and Carrot Slice with Fruit Platter

All our milk is Red Tractor approved



WE BUY **95%** of our seasonal vegetables direct from British growers



FRESH SALAD IS AVAILABLE ON A DAILY BASIS

REDUCING OUR CARBON FOOTPRINT **OVER 30%** of our products are transported by vehicles that run on biodiesel



All our bananas are FAIRTRADE



WE SUPPORT **82** BRITISH DAIRY FARMS



We only use Lion Quality British Eggs

FARM TO FORK We can trace every cut of meat back to the farms of origin

ALL OUR BREAD IS

FRESHLY BAKED EVERY DAY

Chartwells EAT LEARN LIVE