

Week one

Monday

29/10 19/11 10/12 31/12 21/01 11/02 04/03 25/03 15/04 06/05

Choose a main meal...

Vegetable Supreme Pizza with Jacket Wedges
Veg Balls in Tomato Sauce with Pasta

on the side...

Sweetcorn
Peas

for dessert...

Flapjack with Fruit Slices

Tuesday

Choose a main meal...

Chicken Tikka Masala with Rice
Chinese Veggie Noodles

on the side...

Carrots
Seasonal Cabbage

for dessert...

Pineapple and Peach Crumble with Custard

Wednesday

Choose a main meal...

Roast Turkey with Roast Potatoes & Gravy
Country Vegetable Pie

on the side...

Green Beans
Cauliflower

for dessert...

Chocolate Ice Cream

Thursday

Choose a main meal...

Beef Burger with Potato Wedges
Vegetable & Cream Cheese Crumble with New Potatoes

on the side...

Carrots
Broccoli

for dessert...

Brownie Cake

Friday

Choose a main meal...

Crispy Fish & Chips
Battered Pollock with chips
Quorn Dippers with Chips

on the side...

Baked Beans
Peas

for dessert...

Lemon Shortbread

Week two

05/11 24/09 17/12 07/01 28/01 18/02 11/03 01/04 22/04 13/05

Choose a main meal...

Mac 'N' Cheese (Macaroni Cheese)
Vegetable Biryani

on the side...

Broccoli
Sweetcorn
for dessert...
Vanilla Ice Cream

Choose a main meal...

Chicken Sausages with Mash
Vegetarian Sausages with Cheesy Mash

on the side...

Baked Beans
Roasted Vegetables
for dessert...
Banana Marble Cake

Choose a main meal...

Roast Beef with Roast Potatoes & Gravy
Cheese and Potato Bake with Roast Potatoes

on the side...

Roast Parsnip
Carrots
for dessert...
Oatie Biscuit with Fruit Slices

Choose a main meal...

Traditional Beef Lasagne with Garlic & Herb Bread Wedges
Vegetarian Tagine with Rice

on the side...

Green Beans
Cauliflower
for dessert...
Apple & Berry Crumble with Custard

Choose a main meal...

Golden Fish Fingers & Chips
Quorn Burger with Chips

on the side...

Baked Beans
Peas
for dessert...
Banana & Apricot Flapjack

Week three

12/11 03/12 24/12 14/01 04/02 25/02 18/03 08/04 29/04 20/05

Choose a main meal...

Mozzarella & Tomato Pizza with Jacket Wedges
Mild Yellow Curry with Rice

on the side...

Sweetcorn
Roasted Vegetables
for dessert...
Strawberry Ice Cream

Choose a main meal...

Chinese Chicken Noodles
Vegetable Lasagne

on the side...

Carrots
Green Beans
for dessert...
Raspberry Ripple Cake

Choose a main meal...

Roast Chicken with Roast Potatoes & Gravy
Quorn Roast with Roast Potatoes & Gravy

on the side...

Seasonal Cabbage
Carrot & Swede Mash
for dessert...
Shortbread Finger with Fruit Slices

Choose a main meal...

Beef Macaroni Bake with Garlic & Herb Bread Wedges
Italian Frittata with Garlic & Herb Bread Wedges

on the side...

Broccoli
Sweetcorn
for dessert...
Fruity Apricot Bar

Choose a main meal...

Crispy Salmon Fillet with Chips
Baked Bean & Cheese Quesadilla with Chips
Jacket Potatoes with Cheese and Baked Beans

on the side...

Baked Beans
Peas
for dessert...
Pineapple Upside Down Cake with Custard

All our milk is Red Tractor approved



WE BUY 95% of our seasonal vegetables direct from British growers



FRESH SALAD IS AVAILABLE ON A DAILY BASIS

REDUCING OUR CARBON FOOTPRINT OVER 30% of our products are transported by vehicles that run on biodiesel



All our bananas are FAIRTRADE



WE SUPPORT 82 BRITISH DAIRY FARMS



We only use Lion Quality British Eggs



FARM TO FORK We can trace every cut of meat back to the farms of origin

ALL OUR BREAD IS

FRESHLY BAKED EVERY DAY

Chartwells EAT LEARN LIVE