

Week one

28/10 11/11 09/12 13/01 03/02 02/03 23/03

Monday

- Mac 'N' Cheese**
Pasta spirals in a tasty cheesy sauce
on the side... Broccoli and Cauliflower Medley
- Veggie Pizza Hot Dog with Potato Wedges**
Two of the favourites combined! A veggie hot dog covered in a Pizza sauce and melted cheese
for dessert... Fruity and Apricot Bar
Fresh Fruit or Yoghurt

Tuesday

- Chicken Tikka Masala with a Rice side**
A classic mild and creamy curry
on the side... Peas
Carrots
- Cheese & Tomato Pizza with Potato Wedges**
Simple but classic!
for dessert... Berry Flapjack
Fresh Fruit or Yoghurt

Wednesday

- Roast Turkey with Roast Potatoes & Gravy**
Traditional Roast dinner with Roast Turkey
on the side... Carrots
Cabbage
- Shepherdess Pie**
A vegetarian version of the classic Shepherd's Pie
for dessert... Shortbread Biscuit
Fresh Fruit or Yoghurt

Thursday

- Beef Burger with Potato Wedges**
A juicy beef burger in a soft bun
on the side... Sweetcorn
Mediterranean Vegetables
- Tomato and Basil Pasta**
A simple, no fuss pasta dish with tomato and basil sauce
for dessert... Banana and Berry
Cobbler with Custard
Fresh Fruit or Yoghurt

Friday

- Salmon Fish Fingers and Chips**
A classic fish finger lunch
on the side... Baked Beans
Peas
- Vegetable Wrap**
Indian flavoured chickpea and peppers folded in a wrap
for dessert... Raspberry Ripple
Cake
Fresh Fruit or Yoghurt

Week two

04/11 25/11 16/12 20/01 10/02 09/03 30/03

- Baked Bean and Cheese Wrap with Potato Wedges**
Commonly known as a Quesadilla, a twist on the classic with baked beans and cheese
on the side... Broccoli
Green Beans
- Cheese and Tomato Pizza with Potato Wedges**
Simple but classic!
for dessert... Mango Frozen
Yoghurt
Fresh Fruit or Yoghurt

- Chicken and Sweetcorn Pie with Mashed Potato**
Chicken and Sweetcorn in a creamy sauce topped with short crust pastry
on the side... Peas
Roasted Peppers and Sweetcorn
- Chinese Veggie Noodles**
Mixed vegetables and Noodles coated in a Chinese 5 Spice seasoning
for dessert... Apple and Berry
Crumble with Custard
Fresh Fruit or Yoghurt

- Roast Chicken with Roast Potatoes & Gravy**
Traditional Roast dinner with Roast Chicken
on the side... Roast Parsnips
Carrots
- Sweet Potato and Chickpea Roast with Roast Potatoes with Gravy**
A twist on the classic vegetarian Roast with a Sweet Potato and Chickpea roast slice
for dessert... Melon & Orange
Wedges
Fresh Fruit or Yoghurt

- Traditional Beef Lasagne**
A classic Italian layered pasta dish with beef mince
on the side... Broccoli & Cauliflower
Medley
- Quorn Balls In Tomato Sauce with Pasta**
Tasty Quorn balls in a tomato sauce with pasta spirals
for dessert... Sweetcorn
Raspberry Yoghurt
Cake
Fresh Fruit or Yoghurt

- Fish Fingers and Chips**
A classic fish finger lunch
on the side... Baked Beans
Peas
- Quorn Dippers with Chips**
Tasty Quorn dippers with chips
for dessert... Banana Loaf
Fresh Fruit or Yoghurt

Week three

18/11 02/12 06/01 27/01 24/02 16/03

- Cheese and Tomato Pizza with Potato Wedges**
Simple but classic!
on the side... Carrots
Peas
- BBQ Quorn Burger**
Quorn burger served in a bun with lettuce, tomato slice and BBQ sauce
for dessert... Orange Shortbread
Fresh Fruit or Yoghurt

- Chinese Chicken Noodles**
A classic Chinese chicken noodle dish packed with flavour
on the side... Roasted Peppers & Sweetcorn
Green Beans
- Veggie Korma with a Rice side**
A Vegetarian version of the classic mild Korma with roast cauliflower and chickpeas
for dessert... Apple and Pear
Strudel
Fresh Fruit or Yoghurt

- Roast Chicken with Roast Potatoes & Gravy**
Traditional Roast dinner with Roast Chicken
on the side... Cabbage
Carrot & Swede Mash
- Vegetable Pastry Slice with Roast Potatoes & Gravy**
A tasty mix of vegetables wrapped in delicious puff pastry
for dessert... Cheese and Biscuits
Fresh Fruit or Yoghurt

- Beef Bolognese**
A classic Italian beef Bolognese
on the side... Broccoli
Mediterranean Vegetables
- Vegetable Lasagne with Garlic & Herb Bread Wedges**
A classic Italian layered pasta dish made with mixed vegetables
for dessert... Strawberry Frozen
Yoghurt
Fresh Fruit or Yoghurt

- Crispy Fish & Chips**
Traditional fish and chips dinner
on the side... Peas
Baked Beans
- Tomato & Quorn Wraps with Chips**
A filled soft tortilla wrap folded into the shape of a cone
for dessert... Fruity Picnic Bar
Fresh Fruit or Yoghurt

If your child is in Reception, Year 1 or Year 2 then you can get your hot meal free of charge!

SPEAK TO YOUR SCHOOL RECEPTION TODAY

100% OF OUR MILK IS SUPPLIED BY BRITISH FARMERS

SERVED DAILY Jacket potatoes with various tasty fillings

2 OF YOUR 5 A DAY in every hot meal

SUGAR CRACKDOWN 30% less sugar across all of our desserts