**RSE Overview @ Holy Trinity 2022-2022**

***GROWING UP SAFE***

There are 13 Key areas in the Relationships, Sex Education and Health Curriculum. This overview shows how Holy Trinity goes above and beyond to ensure that ALL children are given every opportunity to learn valuable life skills in order to make positive choices and become good citizens.

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| Cross Curricular link  | Online Relationships  | Internet safety & harms  | Caring Friendships  | Respectful relationships  | Mental Health  | Being Safe  | Families who care for me  | Drugs, Alcohol & Tobacco  | Basic First Aid  | Changing Adolescent  | Health & Prevention  | Physical Health & Fitness  | Healthy Eating  |
| Computing   |   |   |   |   |   |   |   |   |   |   |   |   |   |
| PSHE   |   |   |   |   |   | Incl. Allergies  |   |   | UKS2  |   |   |   |   |
| Assemblies   |   |   |   |   |   |   |   |   |   |   |   |   |   |
| PE   |   |   |   |   |   |   |   |   |   |   |   |   |   |
| RE  |   |   | Growing together in Spirit team  | Growing together in Spirit team  |   |   | Growing together in Spirit team  |   |   |   |   |   |   |
| PSHE Circle time  |    |   |   |   |   |   |   |   |   |   |   |   |   |
| Science   |   |   |   |   |   |   |   |   |   |   |   |   |   |
| Art/DT   |   |   |   |   |   |   |   |   |   |   |   |   |   |
| Lunch time  |   |   |   |   |   |   |   |   |   |   |   |   | Healthy Eating initiative  |
| Golden time   |   |   |   |   |   |   |   |   |   |   |   |   |   |
| Music   |   |   |   |   |   |   |   |   |   |   |   |   |   |
| *Other (add)*  |   |   |   |   |   |   |   |   |   |   |   |   |   |
| Wellbeing book corner  |   |   |   |   |   |   |   |   |   |   |   |   |   |
| Themed weeks  | Internet Safety Day Anti-bullying week  | Internet Safety Day  | Fundraising for Charities Kindness Tree  | Anti-bullying week  | Mental Health Awareness Day Children’s Mental Health Week  | Road safety week Reception Police visit  | The Lunchbowl Network |   | St. John Ambulance visit  | Betty bus visit  |   | Bike-a-bility Walk to school Daily mile Sport competitions  | Healthy Week Sports Day ELAC (Eat Like a Champ)   |